

## **Forms Competition**

Competitors must report to the ring before the competition begins

Order of competition is determined randomly unless rated competitors (based on the previous year ratings) are present – rated competitors go last.

A competitor called to perform is not required to present to the judges. They may present or simply begin their form.

Forms are open competition unless otherwise designated. Therefore scoring should be based upon technique, stance, difficulty level and flow of the form.

Points are awarded based upon an agreed upon scoring range.

Judges should be from different styles whenever possible.

When possible, five judges will judge adult black belt forms. Whenever five judges are scoring, the high and low score will be thrown out and the scores totaled. In case of a tie, these scores can be added back in. If there is still a tie, competitors will repeat the same form and a winner will be determined from the scores. In grand champion competition all five scores will be counted to determine the winner. High and low scores are never thrown out when there are three judges.

Length of form should not exceed two minutes.